

Could those bumps and blemishes be rosacea?

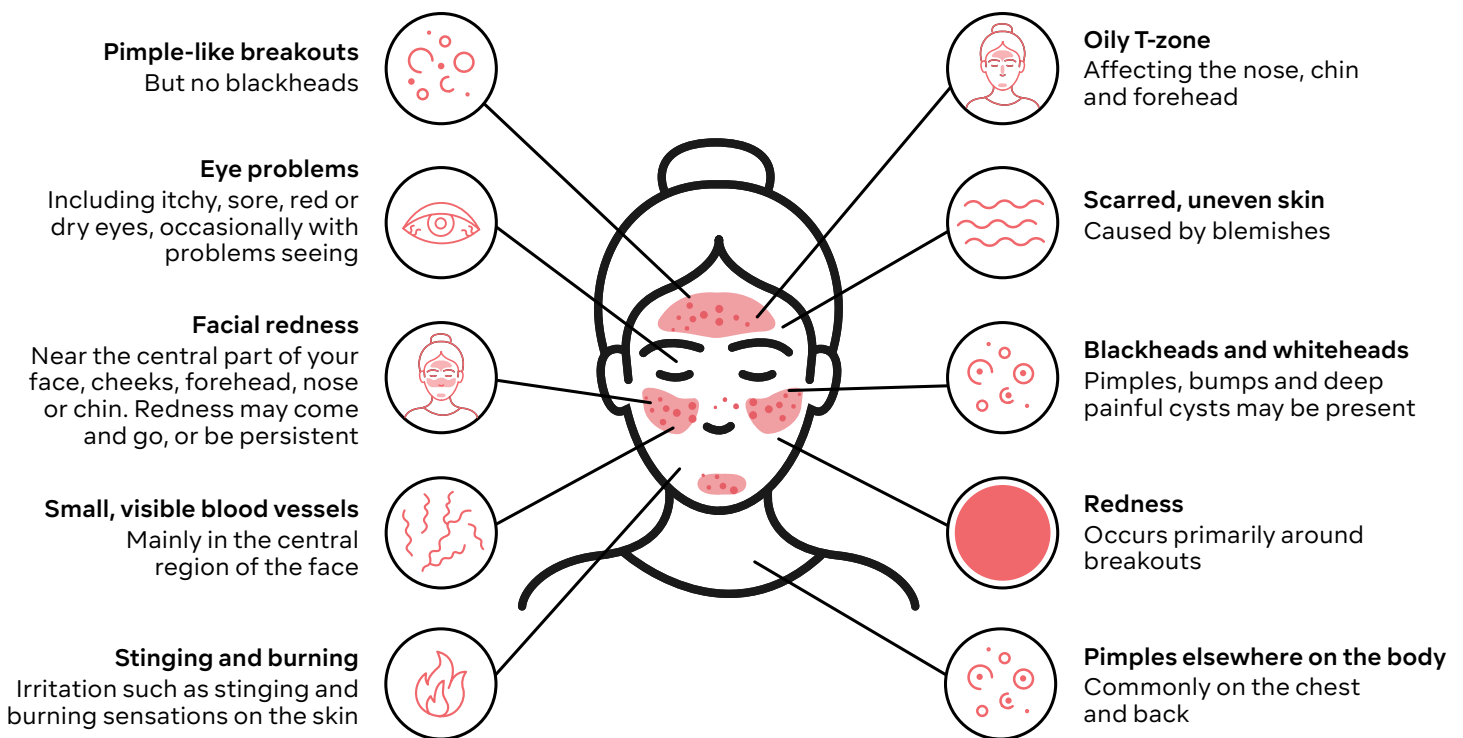
Face up to rosacea

Acne and rosacea are two of the most common skin conditions and because the painful, red bumps that characterize rosacea look a lot like acne, they're often mistaken for each other.

This chart can help to identify if those bumps are rosacea, acne, or a little bit of both.

COMMON SIGNS & SYMPTOMS OF ROSACEA

COMMON SIGNS & SYMPTOMS OF ACNE



HOW PEOPLE SEE THEIR ROSACEA

95% said they had known little or nothing about signs and symptoms prior to their diagnosis

90% said their condition had lowered their self-confidence and self-esteem

59% said they experience symptoms almost continuously

88% said the disorder had adversely affected their professional interactions

Think you might have rosacea?

Book an appointment with your family practitioner or dermatologist for a medical evaluation and a tailored treatment plan

References: DermNet NZ. Rosacea: Symptoms, Causes, and Management. 2022. Available at: <https://dermnetnz.org/topics/rosacea>. Last accessed: August 2022; Learnskin. The subtypes of rosacea and how they are different from acne. Available at: <https://www.learnskin.com/articles/the-subtypes-of-rosacea-and-how-they-are-different-from-acne>. Last accessed: August 2022; National Rosacea Society. 2013. Acne Or Rosacea? Accurate Diagnosis Is Key To Treatment. Available at: <https://www.rosacea.org/rosacea-review/2013/winter/acne-or-rosaceaaccurate-diagnosis-is-key-to-treatment>. Last accessed: August 2022; National Rosacea Society. All about Rosacea. Available at: <https://www.rosacea.org/patients/all-about-rosacea>. Last accessed August 2022; National Rosacea Society. What is Rosacea? Available at: <https://www.rosacea.org/>. Last accessed: August 2022; The BMJ Hosted Content 2018. Rosacea: Beyond the visible. Available at: <https://hosted.bmj.com/rosaceabeyondthevisible>. Last accessed: August 2022.

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